

Member Name: _____ Member Number: _____

Please select and tick at least one activity to activate your membership.

JULY TO DECEMBER 2022					
Code	Activity	Frequency/Day	Time	Location	Tick
Arts and Crafts					
222SHC3	Coil Basket Making	Week 3/Wednesday	10:00-12:00	KFR2	
222ART2	Embroidery and Craft	Weekly/Tuesday	2:00-4:00	BRV1	
2211ART4	Oil Painting	Weekly/Friday	1:00-4:00	QHCH1	
225ART3	Theatre Group	Weeks 1 & 3/Thursday	1:00-3:00	QHCH1	
224ART5	Watercolour: Continuing the Journey	Weekly/Friday	1:00-4:00	QHCH1	
Exercise					
2211EXE4	Petanque	Weekly/Thursday	9:30-11:00	QHP1	
222EXE1	Table Tennis Mondays	Weekly/Monday	9:00-11:00	ETTC1	
223EXE1	Table Tennis Wednesdays	Weekly/Wednesday	9:00-11:00	ETTC1	
229EXE4	Walking Futsal Seniors (Indoor Soccer)	Weekly/Friday	10:30-11:30	GSFC1	
2210EXE5	Water Aerobics	Weekly/Monday	1:30-2:00	GWWC1	
Games					
2210GAM4	Board Games	Weekly/Thursday	10:00-12:00	KFR1	
222GAM1	Chess	Weekly/Monday	2:30-4:30	KFR2	
223GAM2	Cribbage	Weekly/Tuesday	1:15-3:15	KFR2	
224GAM2	Cryptic Crosswords-Emerging	Weekly/Monday	10:30-12:00	KFR2	
225GAM4	Cryptic Crosswords	Weekly/Thursday	12:00-2:00	KFR2	
227GAM2	Mah Jong Group 1	Weekly/Tuesday	9:00-11:45	KFR2	
228GAM4	Mah Jong Group 1.5	Weeks 1 & 3/Thursday	9:00-11:30	KFR2	
229GAM2	Mah Jong Group 2	Weekly/Tuesday	9:00-11:30	BRV1	
Health and Wellbeing					
2213HEA4	Alone or Lonely	Weeks 2 & 4/Thursday	2:00-4:00	QHCH1	
221HEA5	A Meditation	Weekly/Friday	9:30-11:00	KFR1	
2213HEA2	Creative Movement and Dance	Weekly/Tuesday	12:30-2:15	QHCH1	
History					
221HIS2	First Australians White Privilege	Weeks 2 & 4/Tuesday	2:30-4:30	KFR1	
222HIS2	Genealogy-Family Research Group	Week 3/Monday	1:00-3:00	KFR1	
Languages					
229LAN3	Continuing Indonesian	Weekly/Wednesday	2:45-4:45	KFR1	
2211LAN3	Conversational Spanish	Weeks 2 & 4/Wednesday	6:00-7:30	KFR2	
222LAN1	French-Elementary	Weekly/Monday	12:00-2:00	KFR2	
223LAN3	French Conversation-Intermediate	Weekly/Wednesday	9:30-11:30	KFR1	
224LAN3	French Conversation-Advanced	Weekly/Wednesday	12:45-2:30	KFR1	

	Literature, Poetry and Writing				
224LIT4	Bookworms	Week 3/Thursday	2:30-4:00	KFR2	
226LIT3	Chapter 4 Book Group	Week 2/Monday	1:00-3:00	KFR1	
224LIT4	Chatterbooks	Week 1/Friday	2:00-4:00	KFR2	
227LIT3	My Story-Group 1	Week 1/Wednesday	10:00-12:00	KFR2	
228LIT3	My Story-Group 2	Week 2/Wednesday	10:00-12:00	KFR2	
223LIT4	RUGS Book Club	Week 2/Thursday	11:30-2:00	VVCC	
222LIT4	Well-Read Book Group	Week 4/Thursday	9:30-11:00	KFR2	
	Music				
2216MUS5	Advanced Guitar Group	Weeks 2,3,4,5/Friday	1:00-3:30	KFR2	
221MUS3	Choir	Weekly/Tuesday	11:30-12:30	KFH1	
223MUS3	Easy Guitar Singalong	Week 1/Monday	1:30-3:30	CONV1	
224MUS1	Good Vibrations-Group 1	Week 4/Monday	2:00-4:00	KFR1	
224MUS2	Good Vibrations-Group 2	Week 1/Tuesday	2:00-4:00	KFR1	
2214MUS5	Hand Chimes and Bell Plates	Weeks 1,2,4,5/Thursday	2:30-4:00	KFR2	
226MUS4	Music for Pleasure	Weeks 2 & 4/Thursday	10:00-12:00	CONV1	
227MUS5	Musical Instruments Group	Weekly/Wednesday	1:00-2:30	QHCH1	
228MUS1	Recorder Group	Weekly/Monday	8:45-10:15	KFR2	
2214MUS3	Ukulele Group	Weekly/Wednesday	3:00-4:30	QHCH	
	Short Courses				
223SHC2	Soulful Ageing	Weeks 2 & 4/Tuesday	12:00-2:00	KFR1	
	Social Activities				
221SOC1	Discussion Group	Weekly/Monday	1:15-3:00	BENCLUB	
223HEA2	Monthly Movie	Week 3/Tuesday	12:30-3:00	KFR1	
2210SOC3	Social Gatherings	Week 4/Wednesday	2:00-4:00	KFH1	
223SOC4	Thursday Lunch Club	Week 1/Thursday	12:00-2:00	VLVV	
224HEA5	Visiting Garden & Growing Things	Weeks 2 & 4/Friday	10:00-12:00	VLOD	
	Technology				
222TEC4	Apple Users	Week 1/Thursday	1:00-3:00	KFR1	
224TEC4	Coding & Mechatronics	Weeks 2 & 4/Thursday	1:00-3:00	KFR1	
225TEC4	Windows Computer Users	Week 3/Thursday	1:00-3:00	KFR1	
226TEC4	One on One Windows Training	Weeks 1 & 3/Mondays	12:30-2:00	KFO1	
	Tuesday Talks				
2210TAL2	Tuesday Talks	Weeks 2 & 4/Tuesday	9:30-11:30	KFR1	
	Volunteer				
	BBQ or Catering or Committee or Office	Various	8:30-4:30	VLOD	
	Walking Groups				
221WAL4	Bush Hikers	Weekly/Thursday	8:30-12:30	VLOD	
222WAL4	Bush Walkers	Weekly/Thursday	8:15-1:00	VLOD	
223WAL4	Bush Wanders	Weekly/Thursday	8:15-10:30	VLOD	
224WAL1	Walking for Fitness-Mondays-brisk	Weekly/Monday	9:30-1:30	VLOD	
225WAL1	Walking for Fitness-Mondays-slow	Weekly/Monday	9:30-10:30	VLOD	
226WAL4	Walking for Fitness-Thursdays	Weekly/Thursday	9:30-11:30	VLOD	