

# WALKING - FORM FOR LEADERS OF A WALK

Convenors: Jo Walter 0412 996 256 Margaret Hanson 0438 067 113

Thank you for agreeing to lead a walk.

These notes form the basis for the entry into the U3A news letter, *The Buzz*, and we need them returned by:

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**In order to meet the printing deadline.**

## Words of wisdom passed on by former leaders:

- Old walks are new walks for new members so repeats are a terrific idea, we don't need to always invent new walks;
- Reversing the direction of walks creates a new walk;
- Your *local* walks are an adventure for non-locals;
- We love the *bush* but it can be close to town or far away, either is outdoors and healthy;
- If you want to be adventurous, we will come with you.

**Walk date:** \_\_\_\_\_

**Name of Walk:** \_\_\_\_\_

**Leader's Name/Phone:** \_\_\_\_\_

**Meeting Place:** \_\_\_\_\_

**Walk Length:** (km's,  
hours) \_\_\_\_\_

**Grading: easy, medium  
hard** (will poles be  
required?) \_\_\_\_\_

**Lunch required?** \_\_\_\_\_

**Name of Your Whip:**  
(Tail end Charlie) \_\_\_\_\_

**Rough Map or Description of Walk** (if possible). Reverse this sheet. Please sketch walk or attach map.

## Authorisation:

This form was adopted by Committee Of Management of U3A Bendigo Incorporated, and minuted as such, on **3rd December 2018**.