HEAR YE! HEAR YE! HEAR YE!
Come one. Come all. To an afternoon of fun.

St Mary's Church, 193-195 High St, Kangaroo Flat
WEDNESDAY, 24th July
1:30pm

• Bring & Buy Trading Table
• Entertainment
• Social Gathering
• Hand made crafts
• Plants
• Cakes, Jams, Preserves
**BUZZ**

**Newsletter No. 300**

**July 2019**

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**PRESIDENT**
IAN BURDETT 0417 071 325

**VICE PRESIDENT**
TBA

**TREASURER**
MARK KING 0407 974 322

**SECRETARY**
GRAHAM ROBINSON 5439 5332

**EXECUTIVE OFFICER**
JILL MCA THUR 5449 3294

**COURSE CO-ORDINATOR**
MARY GOODALL TUOHEY 0407 565 967

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**COMMITTEE**

HELEN BANDROWSKI
LYNDA BURKE
MICHAEL GALLAGHER
LYN GOODALL
MARION RICHARDSON
BARB RITCHIE
BRENDA STEVENS-CHAMBERS

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**PERSONS OF RESPONSIBILITY**

**MINUTE SECRETARY**
HELEN BANDROWSKI 0417 302 293

**HEALTH & WELLBEING**
JILL MCA THUR 5449 3294

**LIBRARY**
BARBARA MCDougall 0438 433 850
MARY FRY 0413 025 380

**ATTENDANCE SHEETS**
LEX MILNE 0417 856 476

**THE BUZZ EDITORS**
JUDI FISHER 5442 9611
ALISON OPPERMANN 4433 1138

**TECHNICAL SUPPORT**
MICHAEL GALLAGHER 0408 397 448

**NETWORK CO-ORDINATOR**
IAN BURDETT 0417 071 325

**DOCUMENTATION CO-ORDINATOR**
LYN GOODALL 0418 587 102

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**DIARY DATES 2019**

**July**

9 Deadline for BUZZ information
18 Buzz folding
24 Social Gathering at 1.30 pm at St. Mary’s, Kangaroo Flat

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**Quick reference—What’s in this Buzz?**

Report from the President, pages 1
Notices, pages 2-3
Course Coordinator Notes, pages 4-5
Activity Notes, pages 6-8
IT, pages 9-10
Gardening, pages 11-12
Walkers’ information, pages 12-14
Timetable, pages 15-16

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**BUZZ deadline for AUGUST 2019**

**Tuesday, 9th July**

Please send information to alisonmoppermann@gmail.com

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**POSTAL ADDRESS**

U3A BENDIGO
PO Box 274
BENDIGO
3552

**PHONE:** 03 5447 1812
**EMAIL:** u3abgo@bigpond.com
**PAGE:** www.u3abendigo.com

**DIRECTIONS**

ST MARY’S ANGLICAN CHURCH
CNR. OF CHURCH & BANK STS.
KANGAROO FLAT, VIC 3555
ENTER VIA CAR PARK OFF CHURCH ST. [SEE MAP ON BACK COVER]

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The BUZZ is printed for U3A Bendigo by courtesy of Jacinta Allan, Member for Bendigo East and Maree Edwards, Member for Bendigo West.
A very warm welcome to the July 2019 BUZZ, especially if you a first-time reader or a new member to U3A Bendigo.

The annual U3A Network Victoria Presidents Briefing was held in Melbourne on 15 May. These briefings are a highlight of the U3A year and offer the opportunity for representatives from all 108 U3As across Victoria to come together and learn about what’s going on, particularly from a state-wide perspective. I was delighted Michael Gallagher, our IT coordinator, was able to join me at the briefing. We heard from several speakers including President Susan Webster who gave an overview on Network activities for 2019; then we heard about proposed changes to Network’s rules, which are intended to improve inclusiveness and administrative arrangements; the future of technology for U3A; what’s happening in the education arena; and some of the soft issues of discrimination, difficult people and dementia and how these can affect U3As. After lunch, participants joined in one of four groups to discuss these topics before sharing some of the key discussion highlights. The meeting was great opportunity to get to know members from other U3As.

At the May Social Gathering around 50 members enjoyed a very tasty Chinese Banquet followed by a presentation and book launch from Brenda Stevens-Chambers. Brenda spoke about her new novel, Gold Dust and Pebbles – Life in a Cheesecloth Dress, loosely based on her life with a colourful ensemble of memorable characters. Brenda sold numerous copies of her book and kindly donated $5 to U3A Bendigo from the sale of each book. A very hearty thank you to Brenda for entertaining the audience with her fabulous storytelling. My thanks also to the catering team for serving lunch and to all those involved in making this a wonderful time to share food, fellowship and fun.

During the lunch I had the privilege to present a potted cumquat tree to Wilf Savage as a mark of appreciation for his five years’ service on the committee, including as Vice President, President and Course Coordinator. On behalf of U3A Bendigo, I extend our sincere thanks to Wilf for his involvement and commitment to U3A.

Brenda Stevens-Chambers, who is our new Public Relations Coordinator, was invited to speak on Phoenix FM Radio where she was able to promote some of the benefits of joining U3A. Brenda has a regular spot on Phoenix FM and listeners will also hear her on ABC Central Victoria in July when Brenda will chat to radio host Fiona Parker about U3A. My thanks to Brenda for her willingness to promote U3A to the wider Bendigo and Central Victoria region.

My thanks also to Lynda Burke who has written about her U3A experience for St Mary’s Salt magazine, and which also appears in this edition of the BUZZ. Lynda is a keen table tennis player as well as being an active member on our committee.

The Christmas in July Social Gathering promises to be another great opportunity to share food, fellowship and fun. Along with a guest speaker from The Smith Family and entertainment from the U3A Choir, the trading table will offer a range of goods for purchase. The Trading Table Team is seeking donations of home grown or homemade produce, craft, preserves, delicacies or potted plants. All donations will be gratefully accepted with thanks and will help to raise funds to support U3A activities. Please see the attached promotional flyer and let your friends know they are welcome to join U3A for Christmas in July.

*Ian Burdett, President*
NEW MEMBERS

The following 13 people enrolled in the past month:
Len Barrett, Pam Coulter, Libby Feast, Mary Fraser, Pauline Mathrick, Sue Middleton, Maureen Muir, Peter O’Neil, Annette Peacock, Grace Robinette, Annette Robins, Bill Schmidt, and mark Slattery. Welcome!

Social Gathering
at 1.30 pm, Wednesday July 24
at St Mary’s, High Street Kangaroo Flat

Speaker: Georgina Paterson

Georgina is one of two workers for the Smith Family; they are based at the Eaglehawk Secondary College. Georgina will tell us how the Smith Family has now changed its way of helping families by creating the Learning for Life program which concentrates solely on educating disadvantaged children and youths. The idea is to give a ‘hand up, not a hand-out’ The results of this Learning for Life Program have been astounding!!

Come along and hear what Georgina has to say, there may be something you could do to help this wonderful organisation.

Trading Table Appeal
The trading table will be available at our next Social Gathering:

July 24 - Christmas in July

Kindly bring Christmas-themed items to sell on the trading table. Proceeds to U3A.

Contact Convenor:
Margaret Hanson
0408 067 113

2019 Newsletter
Publication Deadlines

Please mark your diaries if you have any regular contribution to make to this newsletter:

- August Issue—9 July
- Sept Issue—13 August
- Oct Issue—10 September
- Nov Issue—15 October
- Dec & Jan 2020—12 November

One-off contributions also welcome.

Please email to the email address of our rotating editors, as listed on the front page of the newsletter: i.e. Alison will be editor for the next five issues.

—Thanks, Your editors, Alison and Judi
From Lancaster to Bendigo – U3A thrives

by Lynda Burke

While I’ve been an Aussie resident since September 2016, my home town is Nantwich in Cheshire, UK, an area famed for cheese-making, Tudor buildings and the historic production of salt - and where our GP was a Sydneysider. From 1976 my family lived in Lancaster, with its medieval castle and world-class university established in 1964, on the doorstep of the Lake District.

London, Glasgow and Edinburgh are under two hours' train ride away; a ferry plies to the Isle of Man. There's a strong theatrical tradition and excellent theatre, The Duke's Playhouse. From 1399 the reigning monarchs held the title Duke of Lancaster. The city often sees Her Majesty: she loves the area and visits the Duke of Westminster who lives nearby. Could she retire, apparently, she’d live round there.

Like Bendigo’s U3A, the Lancaster and Morecambe U3A thrives – its website says: We are a self-help organisation providing a shared learning experience for all those who are retired or semi-retired. We have over 1,400 members, around 100 interest groups covering a wide range of subjects, and a lively programme of social events. Our aim is to help members pursue and share their interests, acquire new skills and knowledge, and make new friends in an informal and friendly atmosphere.

Over time, I attended many U3A groups both back in Lancaster and here in Bendigo, and, inspired by Bendigo's Quarry Hill table tennis group, helped establish table tennis in Lancaster, still going strong. We now play in Eaglehawk’s marvellous centre.

Back in the UK, my mother, founder member of the local Women’s Institute (equivalent of CWA) and a fine needlewoman, came from a Wesleyan Methodist dairy farming family; my father (like his) a Primitive Methodist motor trader. Both were councillors. My father was no typical used car salesman, I hasten to add: handsome, debonair and charming - as several elderly ladies attested when being asked about family history. Also a heavy smoker, he died of lung cancer at 39 when I was only eight. Overnight my mother had neither income nor car: lacking job qualifications and experience, she converted our house into a hotel. I've her to thank for valuing education and inculcating the Protestant work ethic.

My education began at Nantwich Grammar School (est.1572); teacher training in Crewe (a famous railway town); Leeds University (BA: English, Italian, Philosophy) and Lancaster University (MA: Literature & Cultural Change in 20th century; dissertation on Thomas Keneally). Initially I was a primary class teacher, then secondary English specialist.

When we moved to the Lancaster area there was a teacher surplus: only relief teaching was available. I joined Mrs Thatcher's Enterprise Allowance Scheme which gave a year's £40 weekly grant. The business offered private tuition scheme, and, later translation and interpreting.

Meanwhile my youngest son took a career break from BAE (British Aerospace) and ended up with the Australian Turntable Company. While in Canada, he met a Crusoe Road lad in Vancouver who invited him to Bendigo. Shortly after that he met the love of his life. In December 1999, I visited him in Bendigo and thereafter annually swapped houses. My oldest son moved to Melbourne. Each has a son and a daughter.

What do I miss? Middle son Miles and family, medieval street patterns, Cheshire cheese, Nantwich, Lancaster City Quiz League, friends and cousins. Not the wet weather!

Moving to Bendigo and meeting new U3A friends helped me adjust to a new life. It’s wonderful seeing the success of U3A Bendigo.
COURSE COORDINATOR’S NOTICES

SHORT COURSES

**When and Where:** Every 1st, 2nd, 4th (& 5th) Tuesday at 10am in Room 1, St. Mary’s.

**Contact:** Mary Goodall Tuohey, ph 0407 565 967, email mary.goodallt@gmail.com
Or phone the U3A office on 5447 1812, email u3abgo@bigpond.com

*My name is Mary Goodall Tuohey and, following the recent AGM, I am the new Course Coordinator. Thank you to Wilf Savage for his hard work and commitment to the Course Coordinator role. I have big boots to fill! I’m looking forward to this challenge and will do my best to bring U3A Bendigo members an interesting and enjoyable range of courses and activities. I’d be delighted to speak to any members who have ideas and suggestions for courses, and in particular to those who would be willing to present or facilitate, either a single session or a block of classes on a particular topic.*

Ten AM Tuesday Talks

I am delighted to report that Howard Nathan’s three-part short course on “The Benefits of Conviction” was very well attended, with more than 40 people present over the three sessions. Howard’s presentations were thought-provoking, offering many new and challenging perspectives on the early history of colonisation and settlement in Australia, and in this area in particular. Many thanks to Howard for his well-researched commentary and astute observations, together with his deliciously dry sense of humour.

*Please Note:*

**Mid-Winter Break** – no Ten AM Tuesday Talks on 2nd, 9th, 16th and 23rd July.

**30th July:**

Clive Stratford, highly regarded art historian and commentator, will talk on the life and career of noted Dutch modern master, Piet Mondrian, who had a major influence on 20th century art.

*Broadway Boogie Woogie, 1942-43*

COMING UP IN FUTURE WEEKS

**6th August and 13th August:**

UMAS – U3A Bendigo, in conjunction with the U3A Victoria Network, will be introducing a new membership and course database. All Convenors and other interested members are encouraged to attend these training sessions to learn more about the database and how it will help all of us to manage our activities more effectively.
27th August and 3rd September:
Zoe Wallace, teacher and qualified dance instructor, will conduct two sessions on dance and movement in St Mary’s Hall.

24th September, 1st and 8th September:
Diana Collier will present a 3-part course on understanding Aboriginal Australia, comparing and contrasting perspectives from the time of European arrival.

Course Coordination Team: Helen Reeves, Lyn Goodall, Lex Milne, Mary Goodall Tuohey

Expressions of Interest?

TWO POTENTIAL NEW GROUPS

U3A Out and About Bendigo Social Group
For people who want to stay connected to community activities in the company of like-minded members.

The group plans a variety of things to see and do on weekends and after hours. Social activities may include dining out, seeing a movie, going to a show, visiting a winery, a day at the races.

With a focus on members living along, Out and About Bendigo offers activities in a safe, convivial group. Members can expect to enjoy pleasant company with stimulating conversation while enjoying food, wine and culture.

Contact: Pat Friswell on 0438 500 033 or email pfriswell@icloud.com

Weekly Game of Mathematical Dominoes
This is an entertaining game between two people using a set of dominoes, with the winner being the first to reach a score of 100 points. It is great mental exercise in a relaxed setting. Beginners can be taught how to play.

Contact Maureen Cross on 0448518682 or email crossoglitt36@gmail.com

REMINDER FOR ALL CONVENORS: ATTENDANCE RECORDS

In early July, collect all your attendance records for Semester 1 and return them to the U3A office (either hand them in or post them or email them). Alternatively, you can email them to me: lexmilne@bigpond.com.

On July 1, please start a new attendance sheet for your activity in the second semester. [Extra copies of the Attendance Sheet forms are available in the U3A office, or you can contact me and I’ll get it/them to you.]

Note that you should keep your List of Participants with their contact details – I do not need it, just the Attendance Sheets.

— Lex Milne
Library News
July 2019

Recent Additions

On the Trail of Genghis Khan: An Epic Journey through the Land of the Nomads, by Tim Cope.
Comment from Tim Severin: “I can honestly say I have never read anything like it before”.

The Hospital by the River, by Dr Catherine Hamlin with John Little.
Gynaecologists Catherine and Reg Hamlin left Australia in 1959 on a short contract to establish a midwifery school in Ethiopia. Over 40 years later, Catherine was still working there.

Breaking Cover, by Stella Rimington.
This a spy/criminal novel written with authenticity since the author was appointed Director General of MI5 in 1992, the first woman to hold this post.

Film DVD:
The Guernsey Literary & Potato Peel Pie Society.

—Mary Fry and Barbara McDougall, Librarians

NEW BOOK GROUP

“Chatterbooks” Book Group meets on the first Friday,
2pm to 4pm in room 2.

We welcome new members so, if you would like to discuss books in a friendly atmosphere, contact:

Patrice McCarthy at patricemccarthy54@gmail.com
Or Laura Declase on 0419 125120
U3A Coding and Mechatronics Group

Dates: 2nd and 4th Mondays of the month
Time: 10:00 am to 12:00 noon
Commencing: Monday 8th July 2019
Venue: Room 1, St Mary’s Kangaroo Flat
Max Group size: 10 participants
Conveners: Michael Gallagher 0408 397 448 michael@migall.net
Ray Tampion 0408 100 789 rtampion@gmail.com

Activity Description

Members of the Coding and Mechatronics Group support each other in learning how to:

- install and use freely available integrated development environments, computer language packages, 3D-Design and CNC software, etc...
- develop apps for PCs, tablets, phones, microcontroller development boards, etc.
- design and construct electronic and mechatronic devices using items such as printed circuit boards, soldering irons, electronic test equipment, 3D-printers, CNC mills, etc...
- share knowledge, master skills, solve problems and engage in challenging activities.

Session activities will involve formal and informal tutorials and workshop activities prepared and presented by the members. Members will install freely available software on their own PCs, tablets and phones. The initial sessions will focus on the installation and use of selected software packages. The first session will focus on getting started with Python programming. Member preference will determine subsequent activities.

In time, members will embark upon their own projects, either singly or in groups. They may elect to purchase kits and equipment related to their projects. They will keep the larger group informed of their progress and pass on the skills learned.

Specialised equipment owned by members will be demonstrated at sessions and may be made available for shared use. The group will pursue grants to obtain specialised equipment for use by the group.

Prerequisites: general interest, a determination to learn, a willingness to share knowledge and skills and the possession of a laptop PC, tablet, phone or other programmable equipment.

Reminder of Future performance:

- Carsharlton House - Tuesday, 23rd July at 1.30 (to be confirmed) Cheers, Carol

Friday Walking Futsal

Keep active. Come have a try!

From 1 o’clock
at the Bendigo Futsal Centre
at Hattam Street,
Golden Square

If you have reason to contact the U3A Office:

PHONE: 03 5447 1812
EMAIL: u3abgo@bigpond.com

—Jill McArthur
THURSDAY LUNCH CLUB

A great lunch in June with Mary Tuohey joining us to see how we go. Lots of chatter so I think every one enjoyed their meal.

CHANGE OF VENUE

I had to make an executive decision and have changed the venue to THE NATIONAL HOTEL IN HIGH STREET NEAR THE CENTRAL DEBORAH MINE. Same date: Thursday 4 July at Noon. Lunch special at $17.90.

If you are on the list, that is OK but if you change your mind or want to join us, please call:
—Maureen on 5442 3266 or 0468 379 909 (I'm only on L-plates on the mobile so bear with me.)
In either case leave a message and I will get back to you.

MONTHLY MOVIE DAY

Each 3rd TUESDAY
12.30-3pm in Room 1

July 16th – Lady in the Van

An eccentric elderly homeless woman, played by Maggie Smith, was befriended by Alan Bennett in the 1970s. The London playwright recorded this true story of his strained relationship with Miss Mary Shepherd who lived in Alan’s driveway in her broken-down van for 15 years.

UPCOMING MOVIES: August—The Book Shop

ART & TEA

La Trobe Art Institute, 121 View Street, Bendigo
Wednesday 17th July, (10 for 10.30-11.30am)

SPEAKER: Jennifer Thompson on ‘Arthur Boyd’

Jennifer Thompson is the Collections and Exhibitions Manager at the Bundanon Trust. She has been invited to speak about the life and work of Arthur Boyd and the legacy of the Boyd family.


Presented by the Friends of Bendigo Art Gallery. NOTE: Hearing loop available.

Enjoy a free guided tour exploring highlights of the permanent collection on display. Available on Tuesdays - Sundays, at 11am & 2pm.
The Learning About Your Technology Program
July 2019

U3A Bendigo’s Monthly Learning About Your Technology sessions assist members get more from their PCs, tablets and smartphones. Attendees bring their devices, queries—how do I do such-and-such a thing on my device? We help each other to find solutions, earn how to solve problems and discover more efficient ways of using our devices. Sessions cater for all levels of experience. AC Power and Broadband via WiFi are available. To join a group, contact a session leader from the list below or come on the day.

If you enjoy helping people and using your digital devices, consider joining the Technical Support Team—also find details below.

Facebook Page Management Assistance Sought

The Technology Support Group is currently seeking a member with Facebook Page management experience to assist with the upkeep of the U3A Bendigo Facebook Page. Please contact Michael Gallagher (mobile: 0408 397 448, email michael@migall.net) for details.

U3A Coding and Mechatronics Group

At the recent Coding and Mechatronics Short Course considerable interest was shown in forming a U3A Coding and Mechatronics Group. The Course Coordinator has found space in the timetable. See the separate notice: Coding and Mechatronics Group, elsewhere in this issue for details.

Learning About Your Technology Courses and User Groups

**Computers for Beginners**

U3A Office
Every Monday
1.30pm – 3.30pm

One-on-one tuition for beginning computer users. A wide range of topics is available including various aspects of word processing, E-Mails, digital pictures, spreadsheets, making graphs, using a scanner, “burning” a DVD or CD, desktop publishing, creating a database, the clip-board, and webcam, to mention a few.

Tom Dewhurst Ph: 5444 1232

**Apple iPad and iPhone Users**

Room 1 1st Thursdays
12:00 noon to 2:00 pm

For members who wish to get more from their Apple iPhones and iPads. The group attempts to assist members with the operation of their devices, provide answers to members’ queries and problems and review developments in technology related to Apple iOS devices.

Michael Gallagher michael@migall.net Ph: 0408 397 448

**Apple Mac Users**

Room 1 1st Thursdays
2:00 pm to 4:00 pm

For members who wish to get more from their Apple Mac PCs. The group attempts to assist members with the operation of their Apple Macintosh PCs, provide answers to members’ queries and problems and review developments in technology related to Apple OS X devices.

Michael Gallagher michael@migall.net Ph: 0408 397 448

**Android Users**

Room 1 2nd Thursdays
2:00 to 4:00 pm

For members who wish to get more from their Android and Windows phones and tablets. The group attempts to provide answers to members’ queries and problems and reviews developments in technology related to Android devices.

Geoff Pelly jimmyck11@gmail.com Ph: 0466 837 787
Robin Bland robin3048@live.com Ph: 0425 884 137
Ray Tampion rtampion@gmail.com Ph: 0408 100 789
**Windows Computer Users**  Room 1  3rd Thursdays  2:00 to 4:00 pm
For members who use computers, especially Windows 10 PCs, and wish to discuss issues, share experiences and help each other. The group attempts to provide answers to members’ queries and problems and reviews developments in technology related to Windows PCs.

Michael Gallagher  michael@migall.net  Ph: 0408 397 448
Geoff Pelly  jimmyck11@gmail.com  Ph: 0466 837 787

**Digital Photographers**  Room 1  4th Thursdays  2:00 to 4:00 pm
For members who take photos with a digital camera, tablet or smart phone and want to know how to move them between devices, how to store them on a PC or in the cloud, how to print them, create photobooks, display them on a TV or do basic editing, etc.

Geoff Pelly  jimmyck11@gmail.com  Ph: 0466 837 787
Bev Ormerod  beverleyormerod@gmail.com

**Photo Editors and Presenters**  Room 1  3rd Mondays  10:00 to 12:00 noon
For members who have Adobe Photoshop Elements. Members assist each other with all aspects of photo restoration and digital editing, setting up slide shows and exporting slide shows as movies for display on smart TVs etc. or as PDF booklets. Members display samples of their work and discuss their methods. They bring problematic photos and seek advice from the group on how to proceed.

Robin Bland  robin3048@live.com  Ph: 0425 884 137

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**U3A Bendigo Technology Support Team**
New members are always welcome.

**Technical Support Team Meeting**  Room 1  3rd Thursdays  4:00 to 5:00 pm

The Technical Support Team meets once a month to report on and plan for:
- The delivery of Learning About Your Technology sessions in which they assist members get more from their digital devices. They have great fun discovering device capabilities, solving problems and they learn lots from each other as they find solutions together.
- The assistance of Conveners and COM members with the use of the WiFi LAN, Large Screen TVs, Wireless Mic system, rollout of the new membership management system, sending of bulk emails, and the use of PCs and tablets and technology generally.
- The management of the Website, the Facebook page, and the local fileserver.
- The exploration of possible uses of video conferencing and other uses of technology that may assist U3A Bendigo to deliver services to its members.

Members with experience in user support, librarianship, web design, information presentation, file management, network setup, network account management, video conferencing, PC maintenance, etc… are invited to join the team. If you would like to enjoy the benefits of helping others, come to a meeting.

For more details, please contact:
Michael Gallagher
E: michael@migall.net
Ph: 0408 397 448
ACTIVITY NOTES

GARDENING AND GROWING THINGS

SCHEDULE FOR JULY:

Please bring a plate of morning tea to share to each meeting.

Friday July 12th
Talk given by Sally Van Gent from our U3A gardening group.
Subject: her heritage orchard. Sally has written two books and has presented this talk far and wide.
Venue: main hall at St Mary’s Hall Kangaroo Flat
Time: 10:30 - 12MD
Gold coin to help pay for the hall would be appreciated.

Friday July 26th
Talk Given by Lee McDonald from McDonalds Nursery
Subject: caring for our winter garden.
Venue: Bamboo Room at Bendigo Retirement Village, Mandurang Rd Spring Gully
Time: 10:30 - 12MD

Report of past activities: Our garden group had arranged to meet on Friday, May 10, at a new garden in Axedale, however that morning turned out to be the coldest, wettest, windiest morning of the year, and the day was cancelled. Then two weeks later our group finally made it to “River Gardens Axedale”. What a surprise was in store for us!! Six years ago John and Jenny Abbott acquired some eighty acres of land on the far side of Axedale right on the Campaspe river; what they have done in six years is quite amazing. A most beautifully laid out garden sloping away from the house, many roses still in bloom, flower gardens, a pond, many shrubs and trees.

Photos from our previous visit to ‘River Gardens’ at Axedale

Then there are the gorgeous goats with their babies, geese and hens everywhere. Most of us wandered down to the peaceful gum tree lined river. Morning tea was in the sunshine overlooking the gardens; Jenny brought out a plate of her freshly-made scones with jam and cream—what a finish to a lovely morning.

These gardens will have “Open Days” in Spring and Summer so keep a lookout for the dates. They also serve Devonshire teas and have a B&B if you are interested.
Our garden group will be visiting this lovely couple again in the better weather. We thank them so much for opening their beautiful garden, especially for our U3A garden group.

I was reading an article about plants in the *Weekly Times* when I came across a story about *Plectranthus*. I looked it up on the internet as I had never heard of it before, only to realise I had at least two of them in my own garden: ‘Plectranthus Mona lavender’ and ‘Plectranthus perovskia’; this last one in particular is just beautiful when in full flower, but I had no idea what its name was. The article tells me it should be planted in dry shade, prefers shelter from the cold; they will tolerate sun, but thrive in a filtered light position where they can provide colour in autumn in shaded areas. It is a bushy shrub, growing to about a metre high and wide, it is quick growing and benefits from pruning once the frost is over to keep it compact and renew the growth. I wish I had known all this before I planted mine!! Another lesson learned!!

**One excellent hint from the Times:**

When you want to plant a new rose in old rose territory, but are worried about nematodes in the soil, plant the new rose in good soil in a cardboard box, then sink the cardboard box into the ground. By the time the roots have worked their way out of the decaying box, the plant will have established enough to fight off any nematode threat.

**Happy gardening, Barb and Yvonne**

Barb – 5447 7521 Email: britchie4@bigpond.com and Yvonne – 5439 5608
Email: yvonne@mandurang.com

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**The Bush Wanderers!** *(Just started up this year)*

“approx. 5 kms in the bush at a slower pace”

*** All walks meet on Thursday mornings at 8:30AM sharp from the stated meeting place.
*** Contact: Judy Johnstone- ph. 0427 843 009
Anne McKarney- 0488 675 379
Ron Nixon- ph. 0478 607 974

**JULY**

4th Pearce's Rd. to the old mine. Leader: Ron Nixon: 0478607974. Meet at Spring Gully Hall car park ; 5kms, easy; short car pool.


18th Hidden Bendigo East. Leader: Judy Johnstone: 0427843009. Meet at Lake Weeroona car park OPP the tennis centre. Walk from there- some street walking. 5.5 km. Easy.

25th Bendigo Bushland Trail Loop walk from Cousins St. Leader: Anne McKarney: 0488675379. Meet at parking bays on Reservoir Road just past Phoenix FM( green building near the oval.) Medium, some street walking. 5.5 kms.
HIKERS GROUP 2019

Convenors:
Judy Edward 0428 425 859
judy.edward@bigpond.com
Anne Bridley 0474 467 661
bridley_mbb@iinet.net.au

All hikes leave on Thursday from the places listed at 8.30am.

Hikes may be cancelled in severe weather conditions and, when possible, hikers will be notified of these changes by email.

JULY

4th KAMAROOKA EAST
Leader Anne Bridley 0474 467 661
Meet at Scott St White Hills (near Botanic Gardens)
Car travel
Walk 14km easy, mostly flat, gentle hills
Lunch needed
Estimated finish time at meeting place 2pm

11th MOLIAGUL HISTORICAL & CULTURAL FEATURES RESERVE
Leader Liz Findlay 0400 555 984
Meet at U3A carpark, car travel
Walk, medium to hard 13km
Lunch needed
Estimated finish time at meeting place 3pm

18th TARADALE NATURE CONSERVATION RESERVE
Leaders Neville and Mary Hallam 04447 513296
Meet at U3A carpark. Car travel
Walk 11.3km easy, gentle grades, one stream crossing
Lunch needed
Estimated finish time at meeting place 2pm

25th BROWNS REEF KANGAROO FLAT
Leader Heather Bennett 0428 843 846
Meet at end of Collins St Kangaroo Flat.
Continue on gravel section of Collins St and park on left over channel crossing.
Walk 11km, easy, loop walk mostly on well-formed tracks
Lunch not needed
Estimated finish time at meeting place 12 noon.

BUSHWALKERS 2019

Convenors:
Jo Walter 0412 996 256
Margaret Hanson 0438 067 113

All Thursday walks meet at 8.15am for an 8.30am start.
(All walks are subject to weather conditions)

JULY

4th CAMPAKSE RIVER WALK (ECHUCA)
Leader: Des and Jenny Johns – 0484 622 467
Meet at Lake Weeroona Rowing Club Car Park
9.6km (2.75 hours walking) Easy
Bring lunch or purchase at Beechworth Bakery in Echuca
Car pool

11th BLACK HILL - KYNETON
Leader: Ruth Robertson – 0467 272 630
Meet at IGA Strathfieldsaye (NO – Not Strath Village)
8km Approx. (2 hours walking)
Easy / Medium. Some rough patches
Bring lunch to have at Turpins Falls
Car pool

18th BRIDGEWATER RIVER WALK
Leader: Delene Commerford and Julie Harris – 0457 917 371
Meet at Victoria Hill Car Park
Opposite Goldmines Hotel, Calder High way
8km Approx. Easy flat
Bring lunch or purchase at Bridgewater
Car pool

25th DIAMOND HILL – KANGAROO FLAT
Leader: Margaret Brennan – 0418 716 891
Meet at Botanical Gardens, Camp Street, Kangaroo Flat
8km Approx.
Easy/Medium.
Poles recommended.
ACTIVITY NOTES

U3A WALKING FOR FITNESS 2019

We have two separate groups on a Monday, a fast group and a slower group. Both groups meet up for coffee after our walk.

PLEASE NOTE:

ALL WALKS START AT 9.30AM FROM 1st April UNTIL THE 31st October.

For further information please contact the convenors:-

Monday Walks:
Fast Group, Jan Maling - 0417 143 444
Slower Group, Wendy Smith - 0418 106 898

Thursday Walks:
Jan Maling - 0417 143 444

MONDAY WALKS START AT 9.30am

Fast Group
Our brisk one-hour walks cover approx. 5-6 km. and are usually followed by a coffee and chat. New members most welcome. Please carry water.

Meet at Lake Weeroona car park. The entrance is on Napier Street next to the railway line. COFFEE is at the Lake View Hotel.

JULY Leaders

1st - Jill Russell
8th - Jill Russell
15th - Liz Findlay
22nd - Maree Cashen
29th - Elaine Smart

Slower Group

Meet on the corner (walk starts at 9.30am) of Tramways Ave and Holt Street (near the Lake View Hotel). The walk is approx. 2-3 Km. Followed by coffee at the Lake View Hotel. New members most welcome. Please carry water.

THURSDAY WALKS START AT 9.30 am

JULY Leaders

4th - STRATHDALE
Led by Jo Rechter
Meet at Strath Village carpark.
Coffee @ Cafe Fresh, Strath Village.

11th - STRATHDALE
Led by Jill Russell
Meet at Wildflower Drive.
Coffee @ Max Bakery, McIvor Rd.

18th - CITY STREETS
Led by Geoff Pelly
Meet under Moreton Bay Fig, near railway station.
Coffee @ Bayleaf Cafe.

25th - LONG GULLY
Led by Elaine Smart.
Meet at the Splash Park, Cunneen St, Long Gully
Coffee @ McDonalds, Cal Gully.

NB: All Walkers and Hikers
Check with your Convenor if the weather forecast is for extreme heat, wind, wet or cold.

Carry water, wear a hat, suitable clothing and appropriate footgear.
<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>COURSE</th>
<th>VENUE</th>
<th>FREQUENCY</th>
<th>CONVENOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>9am - 11am</td>
<td>Committee</td>
<td>Room 1</td>
<td>Week 1</td>
<td>See BUZZ</td>
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<tr>
<td>Monday</td>
<td>9am - 11am</td>
<td>Table Tennis</td>
<td>Eaglehawk</td>
<td>Weekly</td>
<td>Lynne Davis 0409 029 584</td>
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<tr>
<td>Monday</td>
<td>9.30am—10.30</td>
<td>Recorder Playing Beginners</td>
<td>Room 2</td>
<td>Weekly</td>
<td>Leo Overberg 0414 706 215</td>
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<tr>
<td>Monday</td>
<td>9.30am-12n</td>
<td>Art—Painting &amp; Drawing</td>
<td>Bgo Village</td>
<td>Weekly</td>
<td>Val Wellings 0410 084 367</td>
</tr>
<tr>
<td>Monday</td>
<td>9.30am (Mar-Dec)</td>
<td>Walking for Fitness</td>
<td>Various</td>
<td>Weekly</td>
<td>Tricia King 0439 824 883</td>
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<tr>
<td>Monday</td>
<td>10am-12n</td>
<td>Photo Editors &amp; Presenters</td>
<td>Room 1</td>
<td>3rd Monday</td>
<td>Robin Bland 5439 385</td>
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<tr>
<td>Monday</td>
<td>10.45am-12n</td>
<td>Cryptic C’words Beginners</td>
<td>Room 2</td>
<td>Weekly</td>
<td>Alison Ross 5446 9129</td>
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<tr>
<td>Monday</td>
<td>11.15am-12n</td>
<td>Aerobics for Seniors</td>
<td>Soccer Pav.</td>
<td>Weekly</td>
<td>Inez Grigg 5443 8638</td>
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<td>Monday</td>
<td>12n-2pm</td>
<td>French Elementary Group A</td>
<td>Room 2</td>
<td>Weekly</td>
<td>Victoria Fyffe 5443 7673</td>
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<tr>
<td>Monday</td>
<td>1.15pm-3pm</td>
<td>Discussion Group</td>
<td>Room 1</td>
<td>Weekly</td>
<td>Karl Jackson 5442 1358</td>
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<tr>
<td>Monday</td>
<td>1.30-3.30 pm</td>
<td>Computers for Beginners</td>
<td>U3A Office</td>
<td>Call Convenor</td>
<td>Tom Dewhurst 5444 1232</td>
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<tr>
<td>Monday</td>
<td>2.30pm-3.30pm</td>
<td>Chess</td>
<td>Room 2</td>
<td>Weekly</td>
<td>David Guymers 0412 024 163</td>
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<tr>
<td>Tuesday</td>
<td>9am - 11.45</td>
<td>Mah Jong</td>
<td>Bgo Village</td>
<td>Tuesdays</td>
<td>Phyl Reid 5444 0369</td>
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<tr>
<td>Tuesday</td>
<td>10am-12n</td>
<td>Short Term Courses</td>
<td>Room 1</td>
<td>Weekly 1,2,4 &amp; 5</td>
<td>See Buzz or Wilf Savage 5442 1437</td>
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<tr>
<td>Tuesday</td>
<td>9am-12 noon</td>
<td>Office opened</td>
<td>Office</td>
<td>Tuesdays</td>
<td>Please phone 5447 1812</td>
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<tr>
<td>Tuesday</td>
<td>11.30am-12.30pm</td>
<td>Health &amp; Wellbeing</td>
<td>Room 1</td>
<td>3rd Tuesday</td>
<td>Susan Korecki 0418 404 498</td>
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<tr>
<td>Tuesday</td>
<td>12.30n—3pm</td>
<td>Monthly Movie</td>
<td>Room 1</td>
<td>3rd Tuesday</td>
<td>Jill McArthur 0427 493 294</td>
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<tr>
<td>Tuesday</td>
<td>1pm -2pm</td>
<td>Yoga—class full</td>
<td>Hall</td>
<td>Weekly</td>
<td>Isabel Truscott <a href="mailto:truswhart52@gmail.com">truswhart52@gmail.com</a></td>
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<tr>
<td>Tuesday</td>
<td>1.30pm-3.30pm</td>
<td>Cribbage</td>
<td>Room 2</td>
<td>Weekly</td>
<td>John Lane 5439 3452</td>
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<td>Tuesday</td>
<td>1.30pm-3.00pm</td>
<td>Radio Players</td>
<td>Room 1</td>
<td>Weeks 2 &amp; 4</td>
<td>Barb Ritchie 5447 7521</td>
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<tr>
<td>Tuesday</td>
<td>2pm</td>
<td>Embroidery</td>
<td>Bgo Village</td>
<td>Weekly</td>
<td>Pat Campbell 5443 9660</td>
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<tr>
<td>Tuesday</td>
<td>2.30-4pm</td>
<td>Good Vibrations</td>
<td>Room 1</td>
<td>1st Tuesday</td>
<td>Mary Touhey 0407 565 967</td>
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<td>Tuesday</td>
<td>3.30pm-5pm</td>
<td>Flower Arranging</td>
<td>Room 1</td>
<td>Weeks 2 &amp; 4</td>
<td>Sally van Gent 0417 317 330</td>
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<td>Wednesday</td>
<td>9am-11am</td>
<td>Table Tennis</td>
<td>Eaglehawk</td>
<td>Weekly</td>
<td>Lynne Davis 0409 029 584</td>
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<tr>
<td>Wednesday</td>
<td>10am–11.30 am</td>
<td>Art Gallery Group</td>
<td>Art Gallery</td>
<td>3rd Wed</td>
<td>Val Wellings 0410 084 367</td>
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<td>Wednesday</td>
<td>10am-12n</td>
<td>My Story</td>
<td>Room 2</td>
<td>Week 1</td>
<td>Sue Fraser 5443 1326</td>
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<tr>
<td>Wednesday</td>
<td>10am-12n</td>
<td>French Conversation Intermediate</td>
<td>Room 1</td>
<td>Weekly</td>
<td>Yvonne Bahen 0439 317 499</td>
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<tr>
<td>Wednesday</td>
<td>12.45pm-2.30pm</td>
<td>French (Advanced)</td>
<td>Room 2</td>
<td>Weekly</td>
<td>Yvonne Bahen 0439 317 499</td>
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<tr>
<td>Wednesday</td>
<td>1.30pm-3.30pm</td>
<td>Social Gatherings</td>
<td>St Mary's Hall</td>
<td>4th Wed.</td>
<td>See BUZZ</td>
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<tr>
<td>Wednesday</td>
<td>1.30-2.30pm</td>
<td>Choir</td>
<td>Hall Narthex</td>
<td>Week 1,2,3,5,5</td>
<td>Week 4</td>
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<tr>
<td>Wednesday</td>
<td>2pm-4pm</td>
<td>Spanish Conversation</td>
<td>Room 1</td>
<td>Weekly</td>
<td>Leonie Lewington 0406 375 457</td>
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<tr>
<td>Wednesday</td>
<td>3pm-4.30pm</td>
<td>Ukulele</td>
<td>St. Mary’s Hall</td>
<td>Weekly</td>
<td>Theresa Smith 0412 078 151</td>
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<tr>
<td>DAY</td>
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| 8.30am | Hiking | Various                         | Weekly     | Judy Edward 0428 425 859  
                  |        |                                 |            | Anne Bridley 0474 467 661  |
| 8.30am | Bush Walking | Various            | Weekly     | Margaret Hanson 0438 067 113  
                  |        |                                 |            | Jo Walter 0412 996 256     |
| 9am-11.30am | Mah Jong | Room 2                          | Wk 1 & 3   | Carolyn Smith 5449 6633   |
| 9.30am (Mar-Dec) | Walking for Fitness | Various       | Weekly     | Jan Maling 0429 143 444   |
| 10am-12n | Music for Pleasure | Room 1        | Weeks 2 & 4 | Jo Johnson 5442 3087      |
| 10am-12n | RUGs Book Club | Room 2            | Week 2     | Mary Tuohy 0407 565 967   |
| 10am-12n | Book Chat Group | Room 2         | Week 4     | Mary Tuohy 0407 565 967,  
                  |        |                                 |            | Bobbie Ireland 0422 849 300 |
| 11.15am-12n | Aerobics for Seniors | Soccer Pav.   | Weekly     | Inez Grigg 5443 8638      |
| 11.30-12.30pm | Yoga | Hall                           | 6 week blocks | Marilyn Grossman 0427384933 |
| 12n-2pm | Apple iPad & iPhone Users | Room 1      | Week 1     | Michael Gallagher 0408 397 448 |
| 12n-2pm | Cryptic Crosswords | Room 2          | Weekly     | Jean Cockerell 5442 2195  |
| 12.00 noon | Thursday Lunch | Various        | Week 1     | Maureen Smith 5442 3266   |
| 2pm-4pm | Bookworms | Room 2           | Week 3     | Megan McCallum 0407 631 974 |
| 2pm-4pm | Apple Mac Users | Room 1        | Week 1     | Michael Gallagher 0408 397 448 |
| 2pm-4pm | Android Phone & Tablet | Room 1  | Week 2     | Geoff Pelly 0466 837 787  |
| 2pm-4pm | Computers Users (Windows) | Room 1 | Week 3     | Michael Gallagher 0408 397 448 |
| 2pm-4pm | Digital Photography | Room 1        | Week 4     | Geoff Pelly 0466 837 787  |
| 2pm-4pm | PANDI Games | Convenor   | Weeks 1 & 3 | Nola McIvor 5442 6465    |
| 2pm-3.30pm | Poetry Appreciation | Room 2 | Weeks 2 & 4 | Convenor                  |
| 2.30pm-3.30pm | Buzz folding | Office | 2nd last Thurs | Helen Bandrowski 5447 9174 |
| 4pm-5pm | Tech Support Team | Room 1 | Week 1     | Michael Gallagher 0408 397 448 |
| 4pm-5pm | Online Support Team | Room 1 | Week 3     | Michael Gallagher 0408 397 448 |
| 9.30-11.30am | Watercolour—Continuing the Journey | Room 2 | Week 1     | John Lane 5439 3452  
                  |        |                                 |            | Judy McGrath 5439 7179     |
| 11.30-1.30pm | Watercolour for Beginners | Room 2    | Week 1     | Judy McGrath 5439 7179    |
| 9.30am-11.00am | Meditation | Room 1                        | Weekly     | Lyn Goodall 0418 587 102  |
| 9.30am-10.30am | Tai Chi introduction | St Mary's Hall | Weekly     | Alison Oppermann 4433 1138 |
| 10am-12n | Visiting Gardens & Growing | Convenors | Weeks 2 & 4 | Barb Ritchie 5447 7521    |
| 10am-11.30am | Latin Continuing | Room 2                    | Weeks 2 & 4 | Wilf Savage 5442 1437     |
| 11.30am-1.25pm | French Elementary Beginners B | Room 1 | Weeks 1, 3 & 4 | Victoria Fyfe 5443 7673   |
| 1pm-2.30pm | Walking Futsal for Seniors | 62 Hattam St Golden Square | Weekly     | Jill McArthur 5449 3294   |
| 1.00pm-2.30pm | Guitar Group | Room 2              | Weeks 2, 3, 4 & 5 | Gary Clancy 5441 1717    |
| 1.30pm-3.30pm | Musical Instrument Group | Room 1           | Weekly     | Jean Cockerell 5442 2195  |
| 2.00pm-4.00pm | Chatterbooks Group | Room 2          | Week 1     | Patrice McCarthy  
                  |        |                                 |            | patricemccarthy54@gmail.com |
U3A Bendigo

Shared Learning in Mature Years

Daytime Classes and activities
to keep your mind and your body active
in your life’s Third Age.

Locality map for U3A Bendigo
St Mary’s Anglican Church
Cnr Church & Bank Streets